Dear Parent(s),

Scarlet may also be referred to as scarletina. This rash is usually noticed following a streptococcal pharyngitis(strep).

Symptoms would include a sore throat, headache, chills, fever, and nausea. Fever could range from 102-104 degrees. The rash will usually appear 12-48 hours after the sore throat. The rash will have a speckled red dot appearance (somewhat like a heat rash), it will feel like sandpaper. You may notice increased redness in the skin folds, such as groin, armpits, and elbow.

You will need to follow up with a doctor. Your child will then have a strep test to confirm the diagnosis. He/she will then be treated with antibiotics for strep. It will take about 4-5 days for the rash to disappear.

If you have any questions please feel free to call me on my cell phone 784-0870.

Thank you,

Penni Allen, RN Clinical Coordinator